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| **Activity** | **Super Fox (Tops)** |
| **Activity Description** | Climb to the platform and step off to come down the zip line |
| **Activity Site** | Camp Adair: Field Ropes | **Water**: | In Villages | **Toilets**: | Between Red and green village or White block at far North end of Main Lodge |
| **Instructor Requirements** | * Has passed relevant internal assessment: ASAS Trained and assessed
* Ensure a first aid kit, radio and rescue kit is readily accessible in your area
* Is able to conduct pre-use checks on the equipment, element, environment
* Is able to teach session as required by SOP’s, including managing students and activity risks
* Is able to take responsibility for the activity as the lead instructor, and can make sure Bottom instructor follows SOP’s
* Takes the ladders down when activity is not directly supervised by a YMCA staff member
 |
| **Participant Competencies** | * Identify their own challenge
* Is appropriately dressed – clothes to suit conditions, closed toe lace up shoes
* Can understand and follows activity safety rules
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| **Site Specific Hazards** | **Severity /Potential** | **Management of Hazard** | **Result** |
| People being struck by falling objects | **5/L** | Helmets to be work in helmet zone. Ensure participants stays clear of other activities for the duration of the session. Make sure ‘run way’ is clear before students are send down the flying fox | **M** |
| Trips and falls – Anchor wires | **3/H** | Brief students about guy wires | **M** |
| **Activity Specific Hazard** | **Potential** | **Management of Hazard** | **Result** |
| Falling – Ground fall | **9/L** | All staff and clients to follow SOP’s and wear properly fitted safety equipment,  | **M** |
| Falling – on transfer | **9/L** | All staff to manage transfers at height according to SOP’s | **M** |
| Burns/Scrapes/Emotional – from static rope catching on platform | **4/L** | Ensure static lowering line is clear of platform on release | **M** |
| Scrapes/Bruises – Slips and falls | **2/H** | Disclose slippery nature of platform when wet | **M** |
| Splinters/Scrapers – Hugging pole while climbing | **2/H** | Monitor and address students climbing technique | **M** |
| **Severity & Potential:** | *Severity: severity scale 1-10 as per incident scale**Potential: L = Low, M = Medium, H = High* | **Result:** | *M = Minimizes Hazard, E = Eliminates Hazard* |
| **Approved by** | Manu Schijf – Centre Manager | **Date**  |  | **Review:** |  | **Signed:** |  |

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| **Activity** | **Super Fox (Bottom)** |
| **Activity Description** | Climb to the platform and step off to come down the zip line |
| **Activity Site** | Camp Adair: Field Ropes | **Water**: | Camp Adair | **Toilets**: | Camp Adair |
| **Instructor Requirements** | * Has passed relevant internal assessment: Signed relevant SOP’s
* Is able to perform required duties, understands and is able to back up belay participants lowering off the Super Fox
* Is able to support Tops instructor in leading activity and following SOP’s
* Can fit and check a harness for appropriate fitting
* Wears a radio in case of assistance is required for a rescue
 |
| **Participant Competencies** | * Identify their own challenge
* Is appropriately dressed – clothes to suit conditions, closed toe lace up shoes
* Can understand and follows activity safety rules
 |

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| **Activity Specific Hazard** | **Potential** | **Management of Hazard** | **Result** |
| Falling – Ground fall | **9/L** | Fits harness and attach climbing rope as laid out in SOP’s | **M** |
| Falling – Moderate ground fall | **6/L** | Moderate participants lowering speed through a backup belay, taking into account cable bounce and stretch | **M** |
| Falling- From A frame | **5/M** | Use group to hold the ladder. Do not climb higher than red step | **M** |
| Finger Jam – Self lowering on Gri Gri | **3/M** | Monitor and re-brief participant to keep hands and clothes clear of Gri Gri when lowering | **M** |
| Sprains | **3/M** | Ensure lowering is slowed sufficiently to account for the bounce in the wire when nearing ground | **M** |
| **Severity & Potential:** | *Severity: severity scale 1-10 as per incident scale**Potential: L = Low, M = Medium, H = High* | **Result:** | *M = Minimizes Hazard, E = Eliminates Hazard* |
| **Approved by** | Manu Schijf – Centre Manager | **Date**  |  | **Review:** |  | **Signed:** |  |