|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Completed By:** | |  | | | **Activity Date:** | | |  | | |
| **Designated First Aider:** | |  | | | **Sign:** | | |  | | |
| **0Activity** | **Orienteering** | | | | | | | | | |
| **Activity Description** | Learn how to use a map and apply with a row gain | | | | | | | | | |
| **Activity Site** | Camp Adair | | **Water**: | Camp Adair | | **Toilets**: | Camp Adair | | | |
| **Instructor Requirements** | * Ensure a first aid kit, 2x types of communication and rescue kit is readily accessible in your area * Conduct pre use checks on the equipment, element, environment * Continually identify, manage and disclose hazards and risks * Clearly brief the group and ensure they understand their roles and can confidently perform them * Instructor to ensure all equipment is being used correctly, brief group on proper equipment care * Fully induct helper into the SMS and relevant procedures and ensure they follow it | | | | | | | | Instructor Level: | **1** |
| **Participant Competencies** | * Can understand and follow activity safety rules | | | | | | | | Ratio: | **1:12** |
| **Equipment** | 1. First aid kit 5. Maps 2. Covered Shoes 6 Compass 3. Water 4. Appropriate clothing | | | | | | | | Weight: | **N/A** |
| **Policies** | Standard operating procedures, SMS, Calling a halt to an activity | | | | | | | | | |
| **Weather Factors** | If outside Cease activity during thunder & lightning and wait for 30min. Cease activity in winds exceeding 30 knots / 60 km p/h. | | | | | | | | | |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Site Specific Hazard** | | **Severity** | **Potential** | **Management of Hazard** | | | | **Result** |
| Out of bounds Areas | | **H** | **L** | Brief group about out of bounds areas before activity | | | | **M** |
| Foot paths | | **M** | **M** | Brief group about hazard and disclose the tripping hazard it presents | | | | **M** |
| Uneven surfaces | | **M** | **M** | Brief group about hazard and disclose the tripping hazard it presents | | | | **M** |
| Roads / Vehicles | | **H** | **L** | Brief group about hazard to stay off camp roads when possible and if they have to cross them to make sure no vehicles are coming | | | | **M** |
| **Activity Specific Hazard** | | **Severity** | **Potential** | **Management of Hazard** | | | | **Result** |
| Lost | |  |  | Create specific sight boundaries, make participants travel in pairs. Have the meeting point for end of activity an area that all participants know ( dining hall) | | | | **M** |
| ***Severity & Potential:*** | *L = Low, M = Medium, H = High* | | | |  | ***Result****:* | *I = Isolates Hazard, M = Minimizes Hazard, E = Eliminates Hazard* | |

**Review by – August 2016**

**Tracking Changes**

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| --- | --- | --- |
|  | **Who and When** | **What was Changed** |
| **Written:** | Steffen Poepjes Feb 16 | New format |
| **Amendments:** |  |  |
|  |  |  |
|  |  |  |
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