

“CITY NIPPERS WILL HELP BUILD YOUR CHILD’S CONFIDENCE AT THE BEACH”

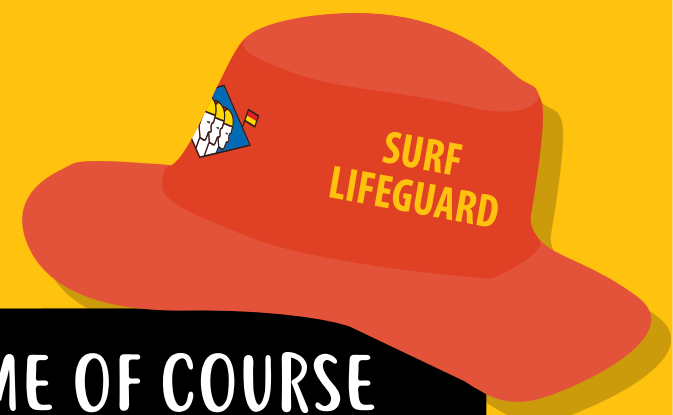
THE ULTIMATE URBAN SURF LIFESAVING EXPERIENCE!

These programmes will introduce your child to the open water environment and build their confidence in the sea so they can safely enjoy New Zealand's favourite playground. City Nippers is a dynamic and interactive programme delivered by Surf Lifeguards which provides surf safety and beach awareness for 5 to 11 year olds.

- ★ HOLIDAY, AFTER SCHOOL AND SUNDAY PROGRAMMES
- ★ 2 HOUR SESSIONS RUN FOR 5 WEEKS
- ★ 6 CONVENIENT URBAN LOCATIONS: ST HELIERS, TAKAPUNA, MARAETAI, ONEHUNGA, WAIHEKE AND EASTERN BEACH



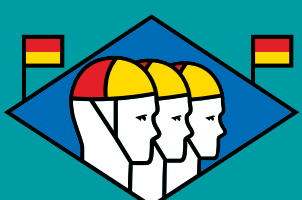
EASTERN BEACH



COURSE	DAYS	DATES	TIME OF COURSE
HAVE A GO	Sunday	29 October 2017	1.30 – 2.30pm
NOV / DEC 2017 - COURSE 5	Sunday	19 Nov, 26 Nov, 3 Dec, 10 Dec, 17 Dec	9.00 – 11.00am
JANUARY 2018 - COURSE 13	Monday – Friday	15 – 19 January	9.00 – 11.00am
FEB / MAR 2018 - COURSE 26	Sunday	11 Feb, 18 Feb, 25 Feb, 4 Mar, 11 Mar	12.30 – 2.30pm



THANK YOU TO OUR SPONSORS:



SURF LIFE SAVING
NORTHERN REGION

To make a booking please visit our website: www.lifesaving.org.nz/education/programmes
For further information and enquiries please email: education@lifesaving.org.nz